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Wearing Protection Masks

Wearing a surgical mask is one of the most effective ways to protect yourself from infection.

How to wear and take off masks correctly?

1

- Please make sure to wear the mask properly by tightening up the nose clip and pulling the bottom of it over your chin so that your nose and mouth are both covered.
- While taking off the mask, you shall try not to touch the outside of it and do remember to wash your hands properly and promptly.

What kind of mask is effective?

2



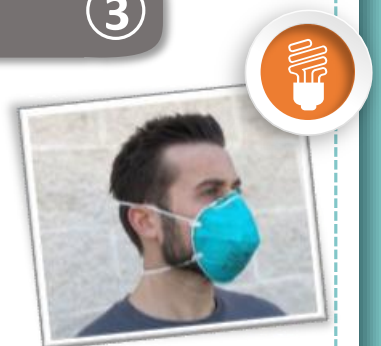
- Surgical masks or N95 masks are recommended (Avoid wearing the mask with respirator valve).
- Paper masks, activated carbon masks, cotton masks and sponge dust masks are not useful.

When to wear masks?

3

Surgical masks or N95 masks are recommended when you are:

- Heading for public places
- Seeking the medical treatment
- Taking the public transportation



How often do You Change Your Mask?

4

- Please replace the mask every 2 to 4 hours. Or, if the mask becomes wet or secreted, please replace it immediately.