



北京师范大学智慧学习研究院
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Things to Note when Going Outside



(1) When going to public places or taking public transport

People going out for daily necessities or work should wear masks when going to public places such as supermarkets or taking public transportations. Please avoid close contact with others and wash hands immediately after returning home.

(2) When visiting medical institutions

Ensure to wear a mask when visiting medical institutions for professional help after showing suspicious symptoms. Please avoid public transport such as the subway or bus. And stay away from the crowds.

Voluntarily inform the medical staff of your travel or residence history in the epidemic area as well as your contact with others and cooperate with the medical institutions in related investigations.

(3) When traveling

When you are traveling, please first find out whether your destination is an epidemic area. If you cannot cancel the trip, please prepare the masks, portable hand sanitizers, thermometer, and other essentials.

Avoid close contact with others during the trip, wear masks, and change them timely. Please properly keep the ticket stubs of the public transport in case of any inquiry.

(4) When returning from other cities

When returning from other cities, please register at the neighborhood committee of the local community immediately, and conduct medical observation for 14 days. Monitor your conditions, such as temperature and signs during this period. Live in isolation or in a well-aired separate room, and avoid contact with your family.

