



北京师范大学智慧学习研究院
Smart Learning Institute of Beijing Normal University

Household Prevention

- (1) Keep the bedroom clean and windows open frequently to maintain ventilation.
- (2) Do not touch, buy or eat wild animals.
- (3) Prepare some household supplies, such as thermometers, N95 masks, domestic disinfectant and other supplies.
- (4) Monitor the health of family members actively.
- (5) Maintain good healthy habits; Do not share towels with family members. Keep home and tableware clean. Sun-cure clothes and quilts often. Balance nutrition and exercise moderately.
- (6) Wash hands immediately when you get back home.
- (7) Disinfect the surface of indoor objects after having visitors (whose health status is unknown). Tables, chairs and other surfaces of objects should be cleaned daily and disinfected regularly. Chlorine disinfectant, such as chlorine dioxide and disinfectant wipes can be used for disinfection.

